



Dr. Hitesh Patel  
Suburban TMJ and Sleep Center  
TMJ • FACIAL PAIN • SNORING • SLEEP APNEA  
Center of Excellence for TMJ and Sleep

## HEAD, NECK, & FACIAL PAIN QUESTIONNAIRE

MR.     MRS     MISS     DR.    TODAY'S DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

First

Middle Initial

Last

AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_     MALE     FEMALE

ADDRESS: \_\_\_\_\_

CITY/STATE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

SSN#: \_\_\_\_\_

MARITAL STATUS:     SINGLE     MARRIED

DRIVERS LICENSE#: \_\_\_\_\_ STATE: \_\_\_\_\_    Copy of   

\*In accordance with the Federal Trade commission's Red Flag regulations to protect your medical record and identity

EMERGENCY CONTACT PERSON (NAME AND PHONE#): \_\_\_\_\_

REFERRED BY: \_\_\_\_\_

DDS     MD     ENT     DC     OTHER: \_\_\_\_\_

### REASON FOR THIS APPOINTMENT:

FACE PAIN     JAW PAIN     EAR PAIN

HEADACHES     POPPING     CLICKING

FATIGUE/ BREATHING     LIMITED OPENING     LOCKING

EMPLOYER NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

JOB TITLE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_



**Dr. Hitesh Patel**  
Suburban TMJ and Sleep Center  
TMJ • FACIAL PAIN • SNORING • SLEEP APNEA  
Center of Excellence for TMJ and Sleep

## Health Care Practitioners and Patient communication

Please provide us with the name and addresses of all your doctors and healthcare providers

### Family Dentist

Providers Name: \_\_\_\_\_

Street Name/City/State: \_\_\_\_\_

Orthodontist     Oral Surgeon     Endodontist

Providers

Name: \_\_\_\_\_

Street Name/City/State: \_\_\_\_\_

### Family Physician

Providers Name: \_\_\_\_\_

Street Name/City/State: \_\_\_\_\_

### Specialty Providers

Specialty: \_\_\_\_\_

Providers Name: \_\_\_\_\_

Street Name/City/State: \_\_\_\_\_

Specialty: \_\_\_\_\_

Providers Name: \_\_\_\_\_

Street Name/City/State: \_\_\_\_\_

By signing below, I am giving permission to communicate with the above-named health care providers regarding my treatment

**Parent/Guardin Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

Center of Excellence for TMJ and Sleep  
1308 Macom Drive, Suite 107 Naperville, IL 60564 (630) 305-7914  
[www.suburbantmjcenter.com](http://www.suburbantmjcenter.com)



**Dr. Hitesh Patel**

Suburban TMJ and Sleep Center

TMJ · FACIAL PAIN · SNORING · SLEEP APNEA  
Center of Excellence for TMJ and Sleep

**PREVIOUS TREATMENT/ MEDICATIONS FOR THE CONDITION WE ARE EVALUATING**

Treatment and/or Medication                      Doctor/Provider Name                      Approximate Date of Treatment

---

---

---

---

**HEALTH AND MEDICAL HISTORY**

Have you ever had prior orthodontic treatments?  YES     NO

Are you currently pregnant?  YES     NO

Are you currently breastfeeding?  YES     NO

**SURGICAL HISTORY**

Have you ever had your wisdom teeth removed?  YES     NO

Have you ever had a root canal or any tooth removal for this condition?  YES     NO

Have you ever had Joint Surgery?  YES     NO

Have you ever had Orthognathic Surgery?  YES     NO

Any other type of surgery?

---

---

**MEDICAL HISTORY**

Please check all that apply and leave all others blank. If there is anything not listed indicate the information in the OTHER section

**Allergy History**

- Allergy Skin Testing
- Allergen Desensitization
- Hay Fever

**ENT History**

- Adenoidectomy
- Tonsillectomy
- Turbinectomy

**Cancer History**

- Cancer
- Chemotherapy
- Radiation Therapy

**Eye History**

- Cataract
- Visual Impairment
- Glaucoma

**Pulmonary History**

- Asthma
- COPD
- Bronchitis

**Infectious Disease**

- Measles
- Chicken Pox
- Smallpox
- Diphtheria

**Cardiac History**

- Congestive Heart Failure
- Heart Attack
- Rhyth Disorder
- Functional Murmur
- Mitral Valve Prolapse
- Angina Pectoris
- Prior MI
- Coronary Artery Disease
- Peripheral Vascular
- Hypertension

**Gastrointestinal History**

- Hepatitis
- Acute Colitis
- Irritable Bowel Syndrome
- Esophageal Reflux
- Esophageal Ulcer
- Peptic Ulcer
- Chronic Reflux Esophagitis
- Esophagitis
- Esophageal Structure
- Hiatal Hernia

**Trauma**

- Facial Injury
- Head Injury
- Neck Injury
- Mouth Injury

**Hematological History**

- Anemia
- Bleeding/Clotting
- Leukemia
- HIV



**Kidney/Bladder History**

- Prostate Disorder
- Renal Failure
- Stress Incontinence
- Urinary, Bladder Infections
- Kidney stones
- Urinary Calculus
- Kidney Stones

**Endocrine History**

- Diabetes
- Thyroid Disorders
- Chronic Fatigue

**Neurological History**

- Epilepsy
- TIA
- Stroke Syndrome
- Multiple Sclerosis
- Depression
- Bipolar Disorder
- ADHD
- Migraine Headaches
- Vascular Headaches

**Musculoskeletal History**

- Osteoarthritis
- Arthritis
- Rheumatoid Arthritis
- Osteoporosis
- Fibromyalgia

**OTHER HISTORY ITEMS NOT LISTED:** \_\_\_\_\_

Head Pain	Location	Severity			Frequency			Duration				
		Mild	-----	Severe	Month	Weekly	Daily	Second	Minutes	Hours	Days	Weeks
L R B	Front of your head (Frontal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	Entire head (Generalized)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	Top of your head (Parietal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	Back of your head (Occipital)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	In your temple (Temporal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Jaw Pain*</b>	<b>Location</b>											
L R B	Jaw pain – on opening											
L R B	Jaw pain – while chewing											
L R B	Jaw pain – at rest											

**MOUTH & NOSE RELATED CONDITIONS**

- Y  N  Broken teeth
- Y  N  Buring tongue
- Y  N  Chronic sinusttis
- Y  N  Dry mouth
- Y  N  Frequent biting of cheek
- Y  N  Frequent snoring

**EAR-RELATED CONDITIONS**

- Y  N  Buzzing in the ears
- Y  N  Ear congestion
- Y  N  Ear pain
- Y  N  Hearing loss
- Y  N  Pain behind the ear
- Y  N  Recurrent ear infections
- Y  N  Tinnitus (ringing in the ear)

**JAW SYMPTOMS**

- Y  N  Jaw clicks
- Y  N  Jaw locks closed
- Y  N  Jaw locks open
- Y  N  Jaw popping
- Y  N  Teeth clenching
- Y  N  Teeth Grinding

**EYE RELATED CONDITIONS**

- Y  N  Blurred vision
- Y  N  Double vision
- Y  N  Eye pain
- Y  N  Pain or pressure behind the eyes
- Y  N  Photophobia (extreme sensitivity)



**Dr. Hitesh Patel**  
Suburban TMJ and Sleep Center  
TMJ • FACIAL PAIN • SNORING • SLEEP APNEA  
Center of Excellence for TMJ and Sleep

## Symptoms – Continued

### THROAT, NECK & BACK-RELATED CONDITIONS

---

Y  N  Back pain – lower  
Y  N  Back pain – middle  
Y  N  Back pain – upper  
Y  N  Chronic sore throat  
Y  N  Constant feeling of  
A foreign object in  
Throat

Y  N  Difficulty in swallowing  
Y  N  Limited movement of the neck  
Y  N  Neck pain  
Y  N  Sciatica  
Y  N  Scoliosis  
Y  N  Shoulder pain  
Y  N  Numbness in the neck, hand or  
Fingers

Y  N  Shoulder stiffness  
Y  N  Swelling of neck  
Y  N  Swollen glands  
Y  N  Thyroid enlargement  
Y  N  Wryneck  
Y  N  Tingling in the hands  
or finger

Y  N  Other: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Dr. Hitesh Patel**  
 Suburban TMJ and Sleep Center  
 TMJ • FACIAL PAIN • SNORING • SLEEP APNEA  
 Center of Excellence for TMJ and Sleep

**MEDICAL HISTORY**

**TELL US YOUR MEDICAL STORY:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**When did your condition first occur?** \_\_\_\_\_

**What do you believe is the cause of your pain or condition?**

- ATHLETIC ENDEAVOR     FIGHT     FALL     ACCIDENT     INJURY  
 ILLNESS     UNKNOWN     OTHER: \_\_\_\_\_

**Is there anything that makes your pain or discomfort worst?** \_\_\_\_\_  
 (Please describe)

**Is there anything that makes your pain and discomfort better?** \_\_\_\_\_  
 (Please describe)

**What other information is important to your pain or condition?** \_\_\_\_\_  
 \_\_\_\_\_

**ALLERGIC REACTIONS**

Please list all medication and check any substances that have caused an ALLERGIC reaction

- ANESTHETICS     IODINE     LATEX     METALS  
 OTHER: \_\_\_\_\_

**CURRENT MEDICATIONS**

<u>MEDICATIONS</u>	<u>DOSAGE</u>	<u>REASON FOR TAKING</u>



**Dr. Hitesh Patel**  
Suburban TMJ and Sleep Center  
TMJ • FACIAL PAIN • SNORING • SLEEP APNEA  
Center of Excellence for TMJ and Sleep

## Epworth Sleepiness Scale

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

How likely are you to doze off or fall asleep in the following situations?

Check one in each row:	0 No chance Of dozing off	1 Sight chance of dozing	2 Moderate chance of dozing	3 High chance of dozing
Sitting and reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Watching TV	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting inactive in a public Place (ex theater)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As a passenger in a car For an hour without a break	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying down to rest in the Afternoon when circumstances Permit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting and talking to someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting quietly after a lunch Without alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In a car, while stopped for a Few minutes in traffic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**TOTAL SCORE**

\_\_\_\_\_

Center of Excellence for TMJ and Sleep  
1308 Macom Drive, Suite 107 Naperville, IL 60564 (630) 305-7914  
www.suburbantmjcenter.com



**Dr. Hitesh Patel**  
Suburban TMJ and Sleep Center  
TMJ • FACIAL PAIN • SNORING • SLEEP APNEA  
Center of Excellence for TMJ and Sleep

## Berlin Questionnaire Sleep Evaluation

1. Complete the following

\_\_\_\_\_ Height \_\_\_\_\_ Age  
\_\_\_\_\_ weight  male  female

2. Do you snore?

- yes  
 no

If you snore:

3. Your snoring is?

- slightly louder than breathing  
 as loud as talking  
 louder than talking  
 very loud. Can be heard in  
Adjacent rooms

4. How often do you snore?

- nearly every day  
 3-4 times a week  
 1-2 times a week  
 never or nearly never

5. Has your snoring ever bothered  
Other people?

- yes  
 no

6. Has anyone noticed that you quit  
Breathing during your sleep?

- nearly every day  
 3-4 times a week  
 1-2 times a month  
 never or nearly never

7. How often do you feel tired or  
fatigued after you sleep?

- nearly every day  
 3-4 times a week  
 1-2 times a week  
 1-2 times a month  
 never or nearly never

8. Have you ever nodded off or fallen  
asleep while driving a vehicle?

- yes  
 no

If yes, how often does it occur?

- nearly every day  
 3-4 times a week  
 1-2 times a week  
 1-2 times a month  
 never or nearly never

9. Do you have high blood pressure?

- yes  
 no  
 don't know

### (FOR OFFICE USE)

Scoring Questions: Any answer within the box outline is a positive response

Scoring Categories: Category 1 is positive with 2 or more positive responses to questions 2-6

Category 2 is positive with 2 or more positive responses to questions 7-9

Category 3 is positive with 1 positive responses and/or a BMI>30

(BMI – Body Mass Index)

Final results: 2 or more possible categories indicates a high likelihood of sleep disordered breathing





## Financial Policy

We are committed to providing you with the best possible care. If you have medical insurance, we are anxious to help you receive your maximum allowable benefits. In order to achieve these goals, we need your assistance and your understanding of our payment policy.

Payment for services and/or co-payments is due at the time services are rendered.

Returned checks and balances older than 30 days may be subject to additional collection fees. Charges may also be made for failed appointments and appointments canceled without 24-hour advanced notice.

We will gladly discuss your proposed treatment and answer any questions relating to your insurance. You must realize, however, that:

1. Your insurance is a contract between you, your employer, and the insurance company. We are not part of that contract.
2. Not all services are covered benefits in all contracts. Some insurance companies arbitrarily select certain services they will not cover.
- 3.

We must emphasize that as dental care providers, our relationship is with you, not your insurance company. While the filing of insurance claims is a courtesy that we extend to our patients, all charges are your responsibility from the date the services are rendered.

If you have any questions about the above info` or any uncertainty regarding your insurance coverage, please do not hesitate to ask us. We are here to help you.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Hitesh K. Patel D.D.S. D.A.A.P.M., D.A.C.S.D.D., F.I.C.C.M.O., F.A.D.I., F.I.C.D., General Dentist  
Diplomate, American Academy of Pain Management, Diplomate, American Academy of Clinical Sleep Disorders Disciplines  
Fellow, international. Fellow American College of Dentists. Fellow, International College of Dentists



## Notice of Privacy Practices/HIPAA Acknowledgement

The Health Insurance Portability and Accountability act of 1996 (HIPAA), established Privacy Rule to help ensure that personal healthcare information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain healthcare providers to obtain their patient's consent for the uses and disclosures of health information about the patient to carry out treatment, payment, or healthcare operations.

As our patients, we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. We strive to always take reasonable precautions to protect your privacy. When it is appropriate or necessary, we provide the minimum necessary information only to those we feel are in need of your healthcare information regarding treatment, payment, or healthcare operations, in order to provide healthcare that is in your best interest.

We fully support your access to your personal medical records. We may have indirect treatment relationships with you (such as laboratories that only interact with the physician and not patients) and may have to disclose personal health information for purposes of treatment, payment, or healthcare operations. These entities are most often not required to obtain patient consent.

We may refuse to consent to the use or disclosure of your personal health information, but this must be done in writing. Under this law, we have the right to refuse to treat you should you choose to refuse to disclose your Personal Health Information. If you choose to give consent in this document, at some future time you may request to refuse all or part of your Personal Health Information. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

Be sure to review the Notice of Privacy Practices for important information about your rights under HIPAA.

By signing below, you acknowledge that the Notice of Privacy Practices was made available for your review if you request it, you had the opportunity to request a copy for yourself and may view the document on your website.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Center of Excellence for TMJ and Sleep**  
**1308 Macom Drive, Suite 107 Naperville, IL 60564 (630) 305-7914**  
**[www.suburbantmjcenter.com](http://www.suburbantmjcenter.com)**