



Pain Management

800 mg Ibuprofen

** wait 3 hours then alternate to*

1000 mg Tylenol

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800 mg Ibuprofen

** wait 3 hours then alternate to*

1000 mg Tylenol

**DO NOT TAKE MORE THAN 3200 MG OF IBUPROFEN OR 4000 MG OF
TYLENOL IN A 24 HOUR PERIOD**

Dr. Brian Briesemeister 757-287-0757

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